

There is No Reason to Turn Back!
An Exposition of the Book of Hebrews

12: “Fear of Drifting is Not a Bad
 Thing”
 Hebrews 4:1-5

Hebrews 4:1-5

“¹ Therefore, let us fear if, while a promise remains of entering His rest, any one of you may seem to have come short of it. ² For indeed we have had good news preached to us, just as they also; but the word they heard did not profit them, because it was not united by faith in those who heard.

³ For we who have believed enter that rest, just as He has said, ‘AS I SWORE IN MY WRATH, THEY SHALL NOT ENTER MY REST,’ although His works were finished from the foundation of the world. ⁴ For He has said somewhere concerning the seventh day: ‘AND GOD RESTED ON THE SEVENTH DAY FROM ALL HIS WORKS’; ⁵ and again in this passage, ‘THEY SHALL NOT ENTER MY REST.’”

Hebrews 4:1

“¹ Therefore, let us fear if, while a promise remains of entering His rest, any one of you may seem to have come short of it.”

Hebrews 3:13

“¹³ But encourage one another day after day, as long as it is still called ‘Today,’ so that none of you will be hardened by the deceitfulness of sin.”

Hebrews 4:2

“² For indeed we have had good news preached to us, just as they also; but the word they heard did not profit them, because it was not united by faith in those who heard.”

Matthew 7:22-23

“²² Many will say to Me on that day, ‘Lord, Lord, did we not prophesy in Your name, and in Your name cast out demons, and in Your name perform many miracles?’ ²³ And then I will declare to them, ‘I never knew you; DEPART FROM ME, YOU WHO PRACTICE LAWLESSNESS.’”

1. *Notitia* – knowledge or information
2. *Assensue* – mental assent
3. *Fiducia* – personal trust

Hebrews 4:3-5

“³ For we who have believed enter that rest, just as He has said, ‘AS I SWORE IN MY WRATH, THEY SHALL NOT ENTER MY REST,’ although His works were finished from the foundation of the world. ⁴ For He has said somewhere concerning the seventh day: ‘AND GOD RESTED ON THE SEVENTH DAY FROM ALL HIS WORKS’; ⁵ and again in this passage, ‘THEY SHALL NOT ENTER MY REST.’”

Genesis 2:2

“² By the seventh day God completed His work which He had done, and He rested on the seventh day from all His work which He had done.”

Isaiah 46:9-10

“⁹ Remember the former things long past, for I am God, and there is no other; I am God, and there is no one like Me, ¹⁰ Declaring the end from the beginning, and from ancient times things which have not been done, saying, ‘My purpose will be established, and I will accomplish all My good pleasure.’”

**“Let us fear if...
any of you should seem
to have come short of it.”**

**To know you are saved
and held secure by God,
makes for peaceful nights
of rest and sleep.**

Matthew 11:28-30

“²⁸ Come to Me, all who are weary and heavy-laden, and I will give you rest. ²⁹ Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and **YOU WILL FIND REST FOR YOUR SOULS.** ³⁰ For My yoke is easy and My burden is light.”

Hebrews 10:32-34

“³² But remember the former days, when, after being enlightened, you endured a great conflict of sufferings, ³³ partly by being made a public spectacle through reproaches and tribulations, and partly by becoming sharers with those who were so treated. ³⁴ For you showed sympathy to the prisoners and accepted joyfully the seizure of your property, knowing that you have for yourselves a better possession and a lasting one.”

John 16:33

“³³ These things I have spoken to you, so that in Me you may have peace. In the world you have tribulation, but take courage; I have overcome the world.”

Romans 8:38-39

“³⁸ For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, ³⁹ nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord.”

**Sabbath rest and the salvation
rest we have in Christ.**

**To all who hear but do not believe,
regardless of anything else they do,
God says, “As I swore in My wrath,
‘They shall not enter my rest.’”
(Heb. 4:3).**